

2024 Birth Date Requirements

Age Groups for 2024 NSFA Season

Under 6	Born on or after 1st January 2018
Under 7	Born on or after 1st January 2017
Under 8	Born on or after 1st January 2016
Under 9	Born on or after 1st January 2015
Under 10	Born on or after 1st January 2014
Under 11	Born on or after 1st January 2013
Under 12	Born on or after 1st January 2012
Under 13	Born on or after 1st January 2011
Under 14	Born on or after 1 st January 2010
Under 15	Born on or after 1st January 2009
Under 16	Born on or after 1 st January 2008
Under 17	Born on or after 1st January 2007
Under 18	Born on or after 1 st January 2006
Under 21	Born on or after 1st January 2003
Over 30	Born on or before 31st December 1994
Over 35	Born on or before 31st December 1989
Over 45	Born on or before 31st December 1979
Over 55	Born on or before 31st December 1969